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# Access Free The Power And The Glory Senna Prost And F1s Golden Era

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**The Power and the Glory Senna, Prost and F1's Golden Era** *Pitch Publishing* Set amid the glamour and bravado of 1980s Formula 1, **The Power and the Glory** tells the story of a rivalry unsurpassed in motor-racing history. By the mid-80s Alain Prost had firmly established himself as leader of the F1 pack. Winning Grands Prix almost at will, the French ace radiated invincibility. But then came the emergence of Ayrton Senna, sparking a decade-long battle for supremacy out on the track. Although completely at odds in terms of character and background, the two men were driven by the same burning desire: to become Formula 1's heavyweight champion of the world, its undisputed king. Senna and Prost would both go on to win multiple world championships in what was a golden era for F1 racing. Their Suzuka showdowns of 1988-90 attracted record worldwide audiences and popularized the sport as never before. An intimate portrait of two unique competitors, **The Power and the Glory** is a supercharged story of acrimony and sheer ambition. **Power and the Glory eBook Partnership** Set amid the glamour and bravado of 1980s Formula 1, **The Power and the Glory** tells the story of a rivalry unsurpassed in motor-racing history. By the mid-80s Alain Prost had firmly established himself as leader of the F1 pack. Winning Grands Prix almost at will, the French ace radiated invincibility. But then came the emergence of Ayrton Senna, sparking a decade-long battle for supremacy out on the track. Although chalk and cheese in terms of character and background, the two men were driven by the same burning desire: to become Formula 1's heavyweight champion of the world, its undisputed king. Senna and Prost would both go on to win multiple world championships in what was a golden era for F1 racing. Their Suzuka showdowns of 1988-90 attracted record worldwide audiences and popularised the sport as never before. An intimate portrait of two unique competitors, **The Power and the Glory** is a supercharged story of acrimony and sheer ambition. **Pironi eBook Partnership** **Pironi: The Champion that Never Was** relates the remarkable story of motor racing's forgotten man, ex-Ferrari F1 driver and offshore powerboat racer, Didier Pironi. The book charts an incredible journey which took the young Parisian to the heights of triumph and the depths of despair. A Before he joined the legendary Ferrari stable, Pironi was already a Formula Renault, Le Mans and grand prix winner. By 1982, the time had surely come for the enigmatic Frenchman to become his country's first Formula 1 world champion. He was to come tantalisingly close to achieving that lifetime ambition, ahead in the world championship and in pole position for the German Grand Prix - before crashing so disastrously in practice. A Over the next five years he fought a long and painful battle to return to the cockpit to reclaim the title that had eluded him that grim morning. It was not to be. Thereafter Didier turned his attention to offshore powerboating where his remarkable life would come to a shattering end in the icy waters of the English Channel. **Alain Prost** *Bonnier Publishing Ltd.* **Four-time Formula One Drivers' Champion Alain Prost** is one of the best racing drivers of all time. Having discovered karting at the age of 14 during a family holiday, Prost progressed through motorsport's junior ranks, winning the French and European Formula Three championships, before joining the McLaren Formula One team in 1980 at the age of 24. In his six seasons with McLaren, Alain Prost won 30 races and three driving titles and in 1985 he became the first French World Champion. In 1986 he became the first back-to-back champion since Jack Brabham 26 years earlier. In 1987, his 28th Grand Prix victory beat Jackie Stewart's 14-year-old record. However, in 1988 his brilliant new team mate Ayrton Senna won eight races and the driving title. Thus began the sensational rivalry that conspired to push two of the sport's greatest drivers to unprecedented heights of success and controversy, and the most bitter feud in Formula One history. **Ayrton Senna A Tribute** *Pavilion Books, Limited* **F1 Heroes: Champions and Legends in the Photos of Motorsport Images** *Skira Editore* A thrilling visual history of Formula One racing This fully illustrated history takes a journey across 70 years of the most spectacular images from the archives of the great champions who have made the history of Formula One and the Grand Prix. It follows the storied history of this widely popular sport from the first championship, won by the daring Nino Farina with his Alfa Romeo and his famous cigar between his lips, to British driver Lewis Hamilton's heroic exploits, taking in all the legends of Formula One en route, among them Alberto Ascari, Juan Manuel Fangio, Niki Lauda, Ayrton Senna, Alain Prost and Michael Schumacher. The 200-plus images in this volume do not neglect the incredible feats of engineering that made the drivers' stories possible: **F1 Heroes** also traces the history of Formula One cars from the tube chassis warhorses that dominated the early races, such as those built by Alfa Romeo, Ferrari and Maserati, to the modern high-tech automobiles that speed around the track today. A spectacular account of the winners and their extraordinary cars and their duels, but also a story of big defeats and great heroes who, while they did not win the championship, still became legends, such as Gilles Villeneuve. **BBC Brainwashing Britain?. Senna Versus Prost** *Random House* The behind-the-scenes story of the most deadly rivalry in world sport. In the late eighties and early nineties, Formula One was at its most explosive, with thrilling races, charismatic drivers, nail-biting climaxes

-- and the most deadly rivalry ever witnessed in sport. Two of Formula One's most honoured champions and iconic figures drove together for McLaren for two seasons, and their acrimonious and hostile relationship extended even after one of them had left the team. ALAIN PROST, France's only F1 world champion, the intelligent, smooth driver with the epithet 'Le Professeur'. Ayrton Senna, the mercurial kid from a privileged background in Sao Paulo who would become the most intense and ruthless racing driver the world has ever seen. It was a story that would have a tragic ending. As the great rivals raced to victory, their relationship deteriorated badly, beginning with the breaking of a gentleman's agreement, and public spats followed, culminating in Prost accusing Senna of deliberately trying to ride him off the circuit, and fearful that the Brazilian would get someone killed with his daring overtaking feats. And the final, sad act of this drama happened at the San Marino Grand prix at Imola in May 1994, when Senna was killed. From the Hardcover edition. *Speed Read F1 The Technology, Rules, History and Concepts Key to the Sport Motorbooks International* Strap yourself in and fill the tank with high octane! *Speed Read: F1* is loaded with all the information you'll need to get into the world of blinding speed called Formula 1. You'll get the history of the sport, biographies of major drivers and figures who have dominated the sport in its long and storied history, and a rundown of the incredible technology that makes these cars so fast that they stay glued to the road. You may not guess it, but the world's premiere automobile racing series takes the Formula One name from the set of rules governing the class. Plans for a Formula One drivers' championship were floated in the late 1930s, but shelved until after World War Two. In 1946 the first F1 races were held, but it wasn't until 1950 that the details for a true world-championship series were hammered out. It was a long road from the 1930s to now for this great sport; one marked by glory, championships, iteration, technology, and speed. Don't be intimidated by this incredible culture, dive into F1 Racing today! *Ayrton Senna Frances Lincoln Children's Books* "Series first published in Spain in 2020 under the series title *Pequeño & grande*, by Alba Editorial, in Barcelona"--Copyright page. In *The Zone How Champions Think and Win Big Bonnier Publishing Ltd.* Discover the untapped power of the human mind How do champions like Lewis Hamilton, Novak Djokovic and Usain Bolt suppress their fear of failure and find the belief to win? How did Michael Phelps and Jessica Ennis-Hill visualise their own future? What exactly is 'The Zone'? And how do you get there? Drawing on over one hundred exclusive interviews with the world's elite stars of sports ranging from boxing to rugby union, Formula One to the Paralympics, Clyde Brolin sets out to discover the secrets of true success and show how they can be used by all of us in our own lives, whoever we are. 'PEOPLE LOOK AT CHAMPIONS AND THINK THEY'RE A DIFFERENT BREED, BUT WE ALL UNDERESTIMATE WHAT WE'RE CAPABLE OF' CHRIS HOY 'THE MAGIC LIVES INSIDE EVERY ONE OF US - DESPITE OUR ENVIRONMENT, OUR STRUGGLES AND OUR DOUBTS' CATHY FREEMAN *Formula One The Australian and New Zealand Story Allen & Unwin* Since 1950, fifteen Australians and nine New Zealanders have raced in world championship Formula One, the pinnacle of motor racing. Three - Jack Brabham, Denny Hulme and Alan Jones - have won the world title. Two have died in the attempt without ever facing the world championship starters' lights. So few drivers make it to Formula One. Ever fewer succeed in the fastest and most challenging four-wheeled sport of all. Now John Smailes, author of the bestselling *Climbing the Mountain, Race Across the World, Mount Panorama and Speed Kings*, gives us the definitive story of our involvement with Formula One, from the pioneer days in the aftermath of World War II, to the championship glory of Brabham, Hulme and Jones, the grit and determination of Mark Webber, and Australia's current Formula One star, the irrepressible Daniel Ricciardo, all the way to potential champions of the future like Oscar Piastri. With over 150 stunning photographs, and interviews with drivers past and present, as well as the engineers, managers and team owners behind the scenes, this is the must-have book for every Australian and New Zealand fan of Formula One. *The Life of Senna* This book is about the life of Ayrton Senna, the three times Formula One world champion. It is the first proper story of a man the world revered and whose like will never be seen again. In this first full account of the life of Senna, the author and his collaborators examine each detail of the driving maestro's life - from his earliest days to his first race, his pole positions and his world championships - as well as his death and its aftermath. It is a story that has never been fully or properly told, and it is a story that needed to be told. *A Critical Introduction to Sport Psychology Taylor & Francis* The new third edition of *A Critical Introduction to Sport Psychology* is the only textbook in the field that provides a detailed overview of key theories, concepts and findings within the discipline of sport psychology, as well as a critical perspective that examines and challenges these core foundations. Fully revised and updated, the new edition covers key research findings affecting both participation and performance in sport, including topics such as motivation, anxiety, emotional coping, concentration, mental imagery, expertise and team cohesion. In addition, the book includes a range of helpful features that bring the science to life, including critical thinking exercises, suggestions for student projects and new "In the spotlight" boxes that highlight key advances in theory or practice. A comprehensive glossary is also included, whilst a final chapter examines some new horizons in sport psychology, including embodied cognition and socio-cultural perspectives. Sport is played with the body but often won in the mind; that is the theory. *A Critical Introduction to Sport Psychology* is the definitive textbook for anyone wishing to engage critically with this fascinating idea. *The Death of Ayrton Senna Penguin UK* Millions of people around the world watched in horror on that fateful day in Imola at the 1994 San Marino Grand Prix when Ayrton Senna's car careered off the track at 190mph. The greatest driver in Formula One history was dead. In this classic sports book, reissued to tie-in with a new Working Title documentary film about Senna, Richard Williams explores the complex Brazilian who was a hero in his own country and an icon to everyone who loved not just motor-racing but sport itself. In his drive to win and his desire always to test himself to the limit, Senna embodied all that is best and most thrilling in sport. *McLaren Honda Turbo A Technical Appraisal Haynes Publications* *Mental Toughness The Mindset Behind Sporting Achievement Routledge* Mental toughness is one of the most common terms used in sport - by athletes, coaches, spectators and the media. However, it is also one of the least understood terms. This book provides a definitive and readable overview of the area, and presents the cutting-edge research in the field of mental toughness. The book introduces the historical and conceptual arguments behind this research, and looks at the characteristics and development of mentally tough sport performers. It suggests

that mental toughness is a personality style and mindset, presenting a case for its inclusion within the positive psychological paradigm. The book also explores various measures of this concept and their psychometric properties, and considers cultural and national perspectives as well as the possibility of mental toughness heredity. Sheard exposes the development and maintenance of mental toughness as a factor for successful sport and life performance, and discusses the possibilities for future research on the subject. This book is unique in considering the idea of mental toughness as an 'achievement mindset' and is an invaluable resource for sport and exercise psychology and science students and lecturers. It also provides an important reference for sport participants, coaches, and enthusiasts. **The Wounded Healer Counter-Transference from a Jungian Perspective** *Routledge* Countertransference is an important part of the analytical process. It is concerned with the analyst's emotional response to the patient. As such, it can be a particularly difficult aspect of the analytical setting and especially so because of the threat of possible sexual involvement with the patient. At present there is little available on this difficult topic. Jungian analyst David Sedgwick tackles the subject bravely and shows how to use the countertransference in a positive way. The result is one of the finest Jungian clinical texts of recent years. **A History of Organizational Change The case of Fédération Internationale de l'Automobile (FIA), 1946-2020** *Springer Nature* This book is the first independent exploration of the Fédération Internationale de l'Automobile's (FIA) institutional history. Virtually unexamined compared with similar institutions like the FIFA and the IOC, the FIA has nevertheless changed from being a small association in 1904 to becoming one of the world's most influential sport governing bodies. Through chronologically organised chapters, this book explains how the FIA manages to link together motorsport circuses like Formula 1 with the automotive industry and societal issues like road safety and environmental sustainability. In an exciting narrative spanning seven decades, it reviews the FIA's organisational turning points, governing controversies, political dramas and sporting tragedies. Considering the FIA to be a unique type of hybrid organisation characterised by what the author calls 'organisational emulsion', this case study contains theoretical innovations relevant to other studies of sport governing bodies. It makes an empirically grounded contribution to the research fields of institutional logics, historical sociology and sport governance. **The Mechanic The Secret World of the F1 Pitlane** *Random House* Meet Marc 'Elvis' Priestley: the former number-one McLaren mechanic, and the brains behind some of Formula One's greatest ever drivers. Revealing the most outrageous secrets and fiercest rivalries, *The Mechanic* follows Priestley as he travels the world working in the high-octane atmosphere of the F1 pit lane. While the spotlight is most often on the superstar drivers, the mechanics are the guys who make every World Champion, and any mistakes can have critical consequences. However, these highly skilled engineers don't just fine-tune machinery and crunch data through high-spec computers. These boys can seriously let their hair down. Whether it's partying on luxury yachts or gravity-defying photos aboard aeroplanes, this is a world which thrills on and off the track. This is Formula One, but not like you've seen it before. **Murray Walker: Incredible! A Tribute to a Formula 1 Legend** *Random House* 'A BRILLIANT TRIBUTE TO A BRILLIANT MAN.' **BOOK OF THE MONTH - CLASSIC AND SPORTS CAR ---** A celebration of the extraordinary life of legendary commentator Murray Walker, with tributes from key figures in Formula 1 and motorsport. Murray Walker was the voice of Formula One, matching the thrill of the track with his equally fast-paced and exhilarating commentary, delivering the euphoria of motor racing to millions. Commentating on his first grand prix for the BBC at Silverstone in 1949, Murray's broadcasting career spanned over fifty years. His natural warmth and infectious enthusiasm won great affection with audiences, whilst his passion and knowledge of motorsport allowed him to hone his instinctive presenting style into a craft. When Murray passed away in March 2021, tributes came flooding in from every corner of the sporting world. This book, compiled by Murray's great friend and colleague Maurice Hamilton, celebrates the extraordinary life of this truly legendary man. With contributions from drivers and industry figures, and many friends from the world of motorsport and beyond, *Incredible!* combines fond memories, never-before-told stories and famous Murrayisms with reflections on the highlights of a life lived at full throttle. **Murray Walker My Autobiography Unless I'm Very Much Mistaken** *Harpercollins* Murray Walker is a national institution. The turbotongued motor-racing commentator who played a key role in the shaping of Formula One's televised image over the past three decades, Murray's unique brand of boyish enthusiasm made even the dullest race sound like an unmissable thriller. There was no one remotely like him on television -- and the public loved him. **Autocar & Motor Overdrive Formula 1 in the Zone Ayrton Senna** Ayrton Senna details and profiles the extraordinary life of this beloved Formula 1 race car driver with expertly written text, historic photographs, and interactive memorabilia. During his lifetime, Brazilian Formula 1 racing champion Ayrton Senna was widely recognized as a leader in his sport, a pioneer in driving technique, a hard racer and a compassionate man. Since his fatal crash during the 1994 San Marino Grand Prix, Senna's remarkable career and humanitarian outlook have continued to inspire the world. Since his death the Ayrton Senna Institute, his most important legacy, has helped educate more than 7.8 million Brazilian children. The Senna family has opened its archives, sharing never-before-seen photographs of private moments at home and at the racetrack. A true collector's item this book also includes special ephemera from Senna's life: readers can pull out and examine replicas of his baptism certificate, handwritten letters and race agendas, a keepsake formal photo, autographed team stickers, and more than 20 other special items. In exclusive interviews, Senna's family and teammates share personal anecdotes and favourite memories from a life truly lived at full speed. Fully illustrated and uniquely interactive, *Ayrton Senna: A Life Lived at Full Speed* will be a cherished addition to any fan's collection. **Ayrton Senna Memories and Memorabilia of a Life Lived at Full Speed** *Haynes Publishing* In this meaty paperback, published to mark the tenth anniversary of Ayrton Senna's death, Christopher Hilton marries and updates four of his earlier titles about the legendary driver into one volume of more than 100,000 words. He chronicles Senna's entire story, from the wealthy childhood in Brazil to his fatal crash in 1994. It is a fast-moving and comprehensive account of an extraordinary life that will appeal to the wider public as well as to Senna fans. **Sport and Exercise Psychology A Critical Introduction** *Psychology Press* Sport and exercise psychology is a rapidly expanding field both academically and professionally. Aidan Moran provides the first textbook to combine an explanation of the theoretical foundations of

sport and exercise psychology with critical reviews of contemporary research and practical suggestions for relevant independent research projects. Arranged in four complementary parts, the book moves from a general discussion of the nature and role of sport psychology to explorations of individual, group and health factors affecting performance. Designed to encourage students to apply their psychological knowledge and critical thinking abilities, each chapter features a summary and boxed highlights containing questions to help students gain maximum understanding of the material. **Staying on Track The Autobiography** *Simon and Schuster* After finishing as runner-up three times in the drivers' world championship, in 1992 Mansell finally secured the title. It was the crowning achievement of a hugely successful career, in which he won 31 Grand Prix, a record for a British driver that stood until Lewis Hamilton overhauled him in 2014. Always an aggressive driver, his exciting style meant he was hailed as a hero by his millions of fans in the UK and around the world. Out of the car, he was outspoken and charismatic, which merely served to enhance his reputation. Now, 20 years after he retired from F1, Mansell looks back on a stellar career in which he battled against many legends of the sport, from Lauda through the Senna and Prost years and on to Schumacher. He provides vivid insights into what it was like to race against those greats in an era when the risks to drivers were enormous. He explains what motivated him to get to the top, and takes the reader behind the scenes to give an unrivalled insight into the sport and the key moments of his career. Still closely involved in Formula One, Mansell assesses how F1 has changed, and gives his authoritative verdict on the sport, the cars and the drivers. It is an unmissable account from one of Britain's greatest sporting heroes. **Introduction to Jungian Psychotherapy The Therapeutic Relationship** *Routledge* The unique relationship between patient and therapist is the main healing factor in psychotherapy. This book explains the Jungian approach to the therapeutic relationship and the treatment process. David Sedgwick outlines a modern Jungian approach to psychotherapy. He introduces, considers and criticizes key aspects of Jungian and other theoretical perspectives, synthesizing approaches and ideas from across the therapeutic spectrum. Written in an accessible style and illustrated with numerous examples, this mediation on therapy and the therapeutic relationship will be invaluable to students and practitioners of both Jungian and non-Jungian therapy. **Formula 1 Technical Analysis 2016/2018** *Giorgio Nada Editore Srl* The last edition of an automotive literary classic: the technical analysis of Formula 1 penned by Giorgio Piola. After 25 years of publication, the historic draughtsman is bringing the curtain down on this experience with a volume that examines the last three seasons, from 2016 to 2018, as always reviewing the principal technical innovations in the spheres of chassis and engine design. This three-year analysis is appropriately completed with a retrospective of some of Piola's most important drawings from a 50-year career that began back in 1969. **Formula 1 Technical Analysis** is the only book of its kind that unveils all the technical secrets - even the most carefully hidden ones - of the Formula 1 World Championship cars. Engines, chassis, brakes, tires, this is an especially rigorous analysis of the car, but also their steering wheels and suspension. An essential for real Formula 1 enthusiasts for almost 30 years, this annual, this book also reviews in its second part the main new technical developments devised by the various teams during the covered seasons. The book is illustrated by more than 500 color technical designs, created by Piola himself. **Alain Prost** *Motorbooks International* **Niki Lauda The Biography** *Simon and Schuster* **LONGLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR PRIZE 2020** 'The definitive biography of a racing driver who won three World Championship titles' Matt Dickinson, *The Times*, Sports Books of the Year 'Thoroughly gripping...a fitting tribute' Justin Marozzi, *Sunday Times* Niki Lauda was one of the greatest stars in motor racing - a superb driver on the track and a much-loved personality off it. From his famous rivalry with James Hunt in 1976, as depicted in the film *Rush*, to working with Lewis Hamilton at Mercedes, his career helped define modern Formula One. Six weeks after the 1976 crash at the notorious Nürburgring that left him burned and receiving the last rites while obituaries were written, Niki Lauda stepped back into his Ferrari at Monza to defend his first World Champion title. Jackie Stewart called it 'the most courageous thing I have ever witnessed in sport'. Lauda and Hunt were playing cat-and-mouse for the championship. At the final race of the season in Japan, the weather was appalling and conditions treacherous. Lauda had a narrow lead and an agonising decision to make - high-speed drama at its best. Following his extraordinary recovery from the accident, Lauda won the title in 1977 and again, following a return from retirement, in 1984 with McLaren. When he eventually hung up his helmet for good, he started his own airline and had to deal with the horrendous aftermath when one of his aircraft crashed, killing all 223 on board. He later returned to the sport in various management roles and successfully persuaded Lewis Hamilton to join Mercedes. Maurice Hamilton first came across Lauda in 1971 and in this definitive biography tells his remarkable story. Based on interviews with friends, family, rival drivers and colleagues, it is a superb tribute to a brave, supremely talented and much-missed star of Formula One. **Monaco Inside F1's Greatest Race** *Random House* **\*\*THE ONLY DEFINITIVE ACCOUNT OF THE WORLD'S GREATEST RACE - FULL OF EXCLUSIVE INTERVIEWS WITH NIKI LAUDA, ROSS BRAWN, DAMON HILL, DAVID COULTHARD, SIR JACKIE STEWART, OLIVER PANIS AND 2016 WORLD CHAMPION NICO ROSBERG\*\*** Circuit de Monaco. Monte Carlo. The ultimate race in the Formula One calendar. When you think of Formula One, you think of Monaco. Once a year, yachts jam the harbour, celebrities fill the stands and luxury sports cars litter the streets as of thousands of people gather from across the world to watch the greatest, and one of the oldest, races in motorsport. Monaco is glamorous, prestigious and seductive. But for the drivers, it is the most demanding race of the year. The narrow streets, tight corners and sharp elevations make it the ultimate test of driving skill. It is physically draining and mentally exhausting. Proposed today, the race would not exist but it remains the jewel in the crown for every Formula One driver. There is simply no other race like it. Win at Monaco and your name is etched in history. You will join the likes of Graham Hill, Jackie Stewart, Ayrton Senna, Alain Prost, Michael Schumacher and Lewis Hamilton. With exclusive interviews and insight from drivers and a wealth of F1 insiders, award-winning sportswriter Malcolm Folley goes behind the scenes to discover what it's really like to drive and live and breathe this iconic circuit. He reveals along the way a unique and definitive portrait of the circuit, and recreates in thrilling detail its most extraordinary weekend, when only three cars finished. **Remembering Ayrton Senna** *Motorbooks International* **Driving Ambition The Official Inside**

**Story of the McLaren F-1** *Virgin Pub* **Subtitled: The Official Inside Story of the McLaren F1.** The story of a pursuit of excellence, with all the twists and turns that occurred along the way. The story of an idea, a dream of conceptual brilliance, and of how it was brought to fruition by a group of highly motivated and intensely capable individuals working as a focused and disciplined team. A human story of anecdotes and humor, *Driving Ambition* captures the spirit and the story of the McLaren F1. A book for anyone who has ever understood the vision, the passion and the power of beautiful, fast cars. Hdbd., 12"x 12", 272 pgs., 50 b&w ill., 628 color. **Racing The Ultimate Motorsports Encyclopedia** *Kingfisher Books* Covers the history of automobile racing; the cars, driving techniques, and rules used in races; and famous racetracks, and profiles sixty of the world's greatest drivers. **Not Without Hope** *Harper Collins* **Not Without Hope** is the true story of the headline-making tragedy that took the lives of three football players: NFL stars Marquis Cooper and Corey Smith, and Will Bleakley from the University of South Florida. Told by the sole survivor of the ill-fated fishing trip, Nick Schuyler, with New York Times bestselling author and sports journalist Jere Longford, **Not Without Hope** is an inspiring and unforgettable story of courage and strength, friendship and loss, and, most importantly, hope, in the vein of *Touching the Void*, *Into Thin Air*, *Between a Rock and a Hard Place*, and Piers Paul Read's classic survival tale, *Alive*. **Meyler's Side Effects of Herbal Medicines** *Elsevier* "This book summarizes the adverse effects of a large range of herbal medicines and the active ingredients that they contain. It includes extensive lists of the families of plants that are used as herbal medicines, including the Latin names of genera and species as well as the common names of individual plants. The material is drawn from the 15th edition of the internationally renowned encyclopedia, *Meyler's Side Effects of Drugs: The Encyclopedia of Adverse Drug Reactions and Interactions*, and the latest volumes in the companion series, *Side Effects of Drugs Annuals*."--BOOK JACKET. **Michael Schumacher** *Headline* Michael Schumacher is the outstanding Formula One driver of his generation and, statistically, the greatest ever. Gifted with a rare blend of superior ability and nerve that defines a champion, for 15 seasons he has left rivals trailing in his wake, winning an unprecedented seven world drivers' championships. But he is a controversial figure, feared for his ruthless tactics, despised for using extreme methods in pursuit of his goals. **THE EDGE OF GREATNESS** examines Schumacher's entire career: from his first Grand Prix with Jordan to his Benetton world championships and his attempt to win back Ferrari's crown. It tells the story behind Schumacher's record five consecutive world titles, uncovers the secrets of how he has stayed at the top for so long and examines the impact of his domination on the sport. Frank, honest, adroit and in-depth - James Allen reveals the anatomy of a champion. **Senna versus Schumacher And Other Formula One Rivalries That Never Happened** *Lulu.com*