
Read Online Special Forces Survival Guide By Chris McNab

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KEY=GUIDE - RICHARD COLLINS

SPECIAL FORCES SURVIVAL GUIDE

WILDERNESS SURVIVAL SKILLS FROM THE WORLD'S MOST ELITE MILITARY UNITS

SPECIAL FORCES WILDERNESS SURVIVAL GUIDE

SURVIVAL SKILLS FROM THE WORLD'S ELITE MILITARY UNITS

Amber Books **With the aid of superb line artworks, 'Special Forces Wilderness Survival Guide' demonstrates the core skills that the world's elite forces practice to survive in a wilderness environment.**

WILDERNESS SURVIVAL.

HOW TO SURVIVE ANYTHING, ANYWHERE

A HANDBOOK OF SURVIVAL SKILLS FOR EVERY SCENARIO AND ENVIRONMENT

International Marine/Ragged Mountain Press **Get Out Alive! How to Survive Anything, Anywhere** is a complete handbook of the urban and wilderness survival skills practiced by elite U.S. and U.K. military units. Dr. Chris McNab has collected expertise from both sides of the Atlantic, and reveals the fundamentals of survival for every environment, from the subzero arctic to the scorching desert—and for every scenario, from being lost in a trackless wilderness to being under attack in a city. Each of more than 500 practical techniques is presented in easy-to-follow steps accompanied by 500 helpful illustrations that show you how to: Find your way in arctic, desert, jungle, or mountain terrain Identify edible plants Hunt, trap, and fish with jury-rigged tools Build fires and improvise cookware Locate underground water Construct shelters Perform first aid and use natural remedies for common diseases Stay safe in a car or on planes or trains, and know what to do in the event of an accident Keep your home safe—select security devices, construct a safe room, survive a house fire Defend yourself—know when to fight and learn realistic unarmed combat techniques Survive terrorist attacks—identify suspect packages, spot potential suicide bombers, take cover from explosions and gunfire And, above all, how to think like a true survivor—even when things are at their worst. Dr. Chris McNab is the author of *Endurance Techniques (SAS Training Manual)*, *Elite Forces Survival Guides*, *Living Off the Land*, *Martial Arts for Special Forces*, and *Urban Survival*.

THE ELITE FORCES WILDERNESS SURVIVAL GUIDE

SURVIVAL SKILLS FROM THE WORLD'S MOST ELITE MILITARY UNITS

St. Martin's Griffin **The Elite Forces Wilderness Survival Guide** introduces the core skills needed to survive in a wilderness environment. With tips and techniques based on special forces practice, the book is divided into seven convenient chapters, dealing with equipment and clothing, water and plant food, hunting and cooking, shelter and camp skills, dangers, first aid, and navigation. Clearly illustrated throughout, the book offers useful tips on a vast array of topics, including: *packing a survival kit *finding water *foraging for plant food *avoiding poisonous plants *building a snow shelter *making a fire plow *tracking animals *making a bird trap *mountain climbing *controlling bleeding *finding a pulse *navigating without a map With more than 250 easy-to-follow artworks and handy pull-out lists of key tips, **The Elite Forces Wilderness Survival Guide** is the definitive pocket guide for anyone stranded in the wilderness—it could save your life.

THE ULTIMATE SURVIVAL GUIDE

Amber "Mental endurance, extreme climates, dangerous terrain, first aid, navigation, building shelters, finding food"--
Cover.

SAS AND ELITE FORCES GUIDE PREPARING TO SURVIVE

BEING READY FOR WHEN DISASTER STRIKES

SAS and Elite Forces Guide to Survival This guide teaches the skills and offers up the information people need for when things really go wrong. For those who have decided to take their safety into their own hands, the world's best survival experts show readers how live off the land, dig their own wells, provide their own power and defend themselves. Chris McNab is a specialist in survival techniques. He has published over 20 books including *How to Survive Anything, Anywhere, Special Forces Endurance Techniques, First Aid Survival Manual, Military Survival Handbook* and *SAS and Elite Forces Guide: Wilderness Survival*.

SAS AND ELITE FORCES GUIDE PRISONER OF WAR ESCAPE & EVASION

HOW TO SURVIVE BEHIND ENEMY LINES FROM THE WORLD'S ELITE MILITARY UNITS

Rowman & Littlefield **The POW How To Escape Handbook** covers everything you need to know about making a successful return to friendly territory. Beginning from the point where a combatant finds himself or herself trapped in enemy territory, the book offers useful tips and solid advice on how to evade capture and, if that fails, how to escape. Key topics include the will to survive; handling stress in captivity; escape techniques; survival in a variety of environments, including urban, rural, jungle and desert; how to forage for food; tracking and how to cover your tracks; navigation, with or without a map; and seeking recovery by friendly forces. The book also includes a number of real life accounts of POW escape from World War II (including The Great Escape story and Colditz), the Vietnam War (Dieter Dengler, with others, escaping from Laos), the Balkans, Iraq (Thomas Hamill in 2004) and Afghanistan.

SAS AND ELITE FORCES GUIDE HUNTING

ESSENTIAL HUNTING AND SURVIVAL SKILLS FROM THE WORLD'S ELITE FORCES

Rowman & Littlefield **Elite Forces Handbook of Hunting and Shooting** demonstrates the core skills involved in being a self-reliant hunter. From tracking large game to shooting wild pheasant, this book is the essential guide to finding, killing and surviving off animals in the wild.

SAS AND ELITE FORCES GUIDE PREPARING TO SURVIVE

BEING READY FOR WHEN DISASTER STRIKES

Rowman & Littlefield **Teaches the skills and offers up the tips and information people need if things really go wrong; for people who have decided to take their safety into their own hands in learning to live off the land, digging the own wells, providing their own power and defending themselves.**

FIRST AID SURVIVAL GUIDE

SAS AND ELITE FORCES GUIDE MENTAL ENDURANCE

HOW TO DEVELOP MENTAL TOUGHNESS FROM THE WORLD'S ELITE FORCES

Lyons Press **Covers all areas: mental tools; gaining the psychological edge; building mental strength; training your mind; visualization techniques; physical challenges; diet and nutrition; defeating an opponent; dealing with trauma; and more.**

THE WORLD WAR II STORY

The History Press **In September 1939, Hitler's Nazi Germany invaded Poland. Thus began the greatest armed struggle in history. Within days of the invasion, Germany was at war with France, Great Britain and much of the Commonwealth, but by the end of 1941 - by which time Japan and the United States had been plunged into war - the conflict had engulfed virtually the entire planet. World War II witnessed the mobilisation of more than 100 million military personnel. Here was 'total war' on a scale never previously experienced by any of the countries involved. The conflict eclipsed everything: industry, technology, the economy and home life. It transformed the lives of an entire generation**

of men and women, who grew up under the shadow of violence, separation and loss. It was also fought in every conceivable terrain and theatre, from the arctic conditions of the Soviet winter to the tropical landscape of the Pacific islands, with the battle for seas and skies being equally brutal. By the time it ended in September 1945, World War II had claimed the lives of more than 50 million people, and it witnessed the only use of nuclear weapons in warfare to this day. The World War II Story charts the dramatic narrative of the conflict from its first shots to its final apocalyptic end.

THE M4 CARBINE

Bloomsbury Publishing The M4 carbine has become one of the defining military firearms of the late 20th and early 21st centuries. Developed as a fusion of the XM177E2 Colt Commando and the M16A2 assault rifle, the M4 offered a more convenient battlefield firearm than the full-length M16 variants, and the US Army adopted it as the standard infantry weapon in the 1990s. Today, military and law-enforcement personnel of more than 60 countries have adopted either the M4 or the M4A1 variant, both of which have been tested and proven in major combat operations worldwide. This study describes the development process in detail, from production of the first XM4 prototypes in 1984 through numerous modified types until it emerged into official use as the M4 in 1994. The M4 offered a weapon that was 11lb lighter and 6in shorter than the standard M16A2, yet could still deliver precision semi-auto and full-auto firepower up to an effective range of 500m. Over time, its capabilities have been enhanced by the M4A1 modifications plus an extensive range of tactical accessories, including optical day/night sights, laser/infrared designators, under-barrel grenade launchers and shotgun modules, foregrips, furniture options, mounting rails, and sound suppressors. Numerous M4/M4A1 combat operations are investigated to reveal why the weapon has received such high levels of approval by front-line combat troops, not only in Afghanistan and Iraq, where the M4/M4A1 has been intensively combat-tested, but also in contexts such as Colombia, India, Israel, and the Philippines. Profusely illustrated with photographs and artworks, and drawing its research from the latest declassified documents, this is a complete guide to one of the most important and widely distributed tactical infantry weapons of the last quarter-century.

PRISONER OF WAR ESCAPE & EVASION

HOW TO SURVIVE BEHIND ENEMY LINES, FROM THE WORLD'S ELITE MILITARY UNITS

The POW How To Escape Handbook covers everything you need to know about making a successful return to friendly

territory. Beginning from the point where a combatant finds himself or herself trapped in enemy territory, the book offers useful tips and solid advice on how to evade capture and, if that fails, how to escape. Key topics include the will to survive; handling stress in captivity; escape techniques; survival in a variety of environments, including urban, rural, jungle and desert; how to forage for food; tracking and how to cover your tracks; navigation, with or without a map; and seeking recovery by friendly forces. The book also includes a number of real life accounts of POW escape from World War II (including The Great Escape story and Colditz), the Vietnam War (Dieter Dengler, with others, escaping from Laos), the Balkans, Iraq (Thomas Hamill in 2004) and Afghanistan.

HOW TO PASS THE SAS SELECTION COURSE

SAS Training Manual How to Pass the SAS Selection Course is an exhaustive, illustrated guide to the process of becoming one of the world's best soldiers.

NETWORK SECURITY ASSESSMENT

KNOW YOUR NETWORK

"O'Reilly Media, Inc." A practical handbook for network administrators who need to develop and implement security assessment programs, exploring a variety of offensive technologies, explaining how to design and deploy networks that are immune to offensive tools and scripts, and detailing an efficient testing model. Original. (Intermediate)

THE SAS TRAINING MANUAL

HOW TO GET FIT ENOUGH TO PASS A SPECIAL FORCES SELECTION COURSE

Amber Books Ltd Twice a year, 150 anxious recruits gather at SAS headquarters in the UK, their minds focused on one objective: to become SAS soldiers in one of the world's most elite regiments. Yet between arriving and receiving the famous winged dagger badge, stands nearly four months of the toughest military selection process in the world. Could you rise to this exceptional challenge of mind and body? The SAS Training Manual shows you how. Beginning with essential preparation, the book covers fitness training, navigation skills and the four-week selection course itself. Find out how to keep the instructors happy, how to deal with exhaustion during Test Week, and how to survive disaster strike on bleak mountains. But having been selected, there's still training. Learn how the recruits acquire the skills of

an SAS soldier, from hostage rescue to handling foreign weapons, from parachute training to surviving jungle courses, from escape and evasion to resistance and interrogation. Illustrated with black-and-white photographs and instructive artworks and including first-hand accounts, The SAS Training Manual is an exhaustive, lively guide to the process of becoming one of the world's best soldiers. Twice a year, 150 anxious recruits gather at SAS headquarters in Hereford, England, their minds focused on one objective: to become SAS soldiers in one of the world's most elite regiments. Yet between arriving and receiving the famous winged dagger badge, stands nearly four months of the toughest military selection process in the world. Could you rise to this exceptional challenge of mind and body? The SAS Training Manual shows you how. Beginning with essential preparation, the book covers fitness training, navigation skills and the four-week selection course itself. Find out how to keep the instructors happy, how to deal with exhaustion during Test Week, and how to survive disaster strike on bleak mountains. But having been selected, there's still training. Learn how the recruits acquire the skills of an SAS soldier, from hostage rescue to handling foreign weapons, from parachute training to surviving jungle courses, from escape and evasion to resistance and interrogation. Illustrated with black-and-white photographs and instructive artworks and including first-hand accounts, The SAS Training Manual is an exhaustive, lively guide to the process of becoming one of the world's best soldiers.

SAS MENTAL TOUGHNESS TRAINING

HOW TO IMPROVE YOUR MIND'S STRENGTH AND MANAGE STRESS

SAS Training Manual **SAS Mental Toughness Training** is an essential guide to testing and improving mental agility and resilience.

101 WILDERNESS SURVIVAL TIPS FOR BOYS

Features tried and tested methods which really do work, from how to find water to how to survive in an ocean; how to use your watch as a compass; to how to navigate by the stars; how to make a fire or how to escape one; and from how to bind a wound to how to make a stretcher. This is an indispensable guide for any keen survivalist or wannable explorer. **JACKET PRICE 9.99.**

501 UNARMED SELF-DEFENSE SKILLS

Thunder Bay Press **Learn to defend yourself without weapons. Are you prepared to defend yourself in any emergency? 501 Unarmed Self-Defense Skills will teach you how to take down an opponent when flight is not an option. Whether you're faced with a fistfight or worse, these skills from survival expert Chris McNab will help you keep a cool head and form a strategy to defend yourself and get away as quickly as possible. Be ready for any situation--no weapons needed!**

THE WORLD WAR I STORY

History Press Ltd **On 28 June 1914, Archduke Franz Ferdinand of Austria was assassinated. This event sparked off a war that was change the lives of millions of people around the world. More than 70 million military personnel were mobilised, and over 9 million combatants were killed. Entire generations of young men from towns and villages across Europe were wiped out. The conflict drew in the world's great global powers, including the British Empire, France, Germany, Austria-Hungary, Russia, the United States and Japan, as well as many other nations. World War I transformed the way in which wars were fought. Cavalry charges and 'staged' clashes were consigned to history, making way for trench warfare, heavy artillery, machine guns and poison gas. Troops learnt to exist for months in confined spaces and ruined landscapes, fighting horrifying battles to push their line forward by only a few hundred yards. World War I changed the face of European society and politics forever, and set the scene for a subsequent world war. On 11 November 1918, an armistice at last came into effect, and we continue to remember today the moment when the guns fell silent on the Western Front. The World War I Story is the perfect pocket narrative of one of the largest conflicts in human history: the Great War.**

THE BOOK OF THE POPPY

The History Press **The Remembrance Poppy is a haunting reminder of the ultimate cost of war. Worn by millions around the world every year, the Poppy compels us to remember war's dead, wounded and bereaved, regardless of nationality or conflict. As we reflect on the centenary of the First World War, this book charts the history of the Remembrance Poppy, from its origins in the battle-tortured landscape of Flanders in 1915 to its enduring relevance in the present day. It sets the Poppy in its context of tragedy and sacrifice, always acknowledging that our war dead are gone, but not forgotten.**

THE ROMAN ARMY

THE GREATEST WAR MACHINE OF THE ANCIENT WORLD

Osprey Publishing The image of the Roman legionary is as familiar today as it was to the citizens - and enemies - of the vast Roman Empire two thousand years ago. This book goes beyond the stereotypes found in popular culture to examine the Roman Army from the first armed citizens of the early Republic through the glorious heights of the Imperial legions to the shameful defeats inflicted upon the late Roman Army by the Goths and Huns. Tracing the development of tactics, equipment and training, this work provides a detailed insight into the military force that enable Rome to become the greatest empire the world has ever seen. As well as describing the changes in the army over the centuries, The Roman Army also sheds light on the talented men who led these soldiers in battle and the momentous battles fought, including Cannae, Pharsalus, and Adrianople. Illustrated with detailed maps, artwork and photographs, this volume provides a complete reference to the Roman Army from the 8th century BC to the period after the fall of the Western Roman Empire in the 5th century AD. Hardback edition ISBN: 9781849081627

AMERICA'S ELITE

US SPECIAL FORCES FROM THE AMERICAN REVOLUTION TO THE PRESENT DAY

Osprey Publishing From Roger's Rangers to the Revolution, Civil War, World War I & II, Korea, Vietnam, Iraq, Afghanistan, and the Bin Laden raid, this book covers over 250 years of American Special Forces action. America's Elite takes the reader through some of the most dramatic special forces operations in US history, from sniping British commanders during the Revolutionary War to Riverine incursions in the Mekong Delta in Vietnam, and from demolition missions on D-Day to the SEAL assault on Osama bin Laden's compound in 2011. Training and selection procedures are explained in detail, and the book also describes some of the technologies that have separated regular soldiers from their Special Forces counterparts. Illustrated throughout with striking photography and artworks, America's Elite forms the most comprehensive and visually impressive single-volume guide to US Special Forces available.

GERMAN SOLDIER VS SOVIET SOLDIER

STALINGRAD 1942-43

Bloomsbury Publishing By the end of the first week of November 1942, the German Sixth Army held about 90 per cent of Stalingrad. Yet the Soviets stubbornly held on to the remaining parts of the city, and German casualties started to reach catastrophic levels. In an attempt to break the deadlock, Hitler decided to send additional German pioneer battalions to act as an urban warfare spearhead. These combat engineers were skilled in all aspects of city fighting, especially in the use of demolitions and small arms to overcome defended positions and in the destruction of armoured vehicles. Facing them were hardened Soviet troops who had perfected the use of urban camouflage, concealed and interlocking firing positions, close quarters battle, and sniper support. This fully illustrated book explores the tactics and effectiveness of these opposing troops during this period, focusing particularly on the brutal close-quarters fight over the Krasnaya Barrikady (Red Barricades) ordnance factory.

US AIR CAVALRY TROOPER VS NORTH VIETNAMESE SOLDIER

VIETNAM 1965-68

Bloomsbury Publishing Drawing on extensive primary source documentation, this lively study of US air assault operations and North Vietnamese countermeasures assesses the clash between two highly contrasting approaches to warfare in a particularly challenging landscape. The tactics and technologies of modern air assault--vertical deployment of troops by helicopter or similar means--emerged properly during the 1950s in Korea and Algeria. Yet it was during the Vietnam War that helicopter air assault truly came of age and by 1965 the United States had established fully airmobile battalions, brigades, and divisions, including the 1st Cavalry Division (Airmobile). This division brought to Vietnam a revolutionary new speed and dexterity in battlefield tactics, using massed helicopters to liberate its soldiers from traditional overland methods of combat maneuver. However, the communist troops adjusted their own thinking to handle airmobile assaults. Specializing in ambush, harassment, infiltration attacks, and small-scale attrition, the North Vietnamese operated with light logistics and a deep familiarity with the terrain. They optimized their defensive tactics to make landing zones as hostile as possible for assaulting US troops, and from 1966 worked to draw them into 'Hill Traps', extensive kill zones specially prepared for defense-in-depth. By the time the 1st Cavalry Division (Airmobile) withdrew from Vietnam in 1972, it had suffered more casualties than any other US Army division. Featuring specially commissioned artwork, archive photographs, and full-color battle maps, this study charts the evolution of US airmobile

tactics pitted against North Vietnamese countermeasures. The two sides are analyzed in detail, including training, logistics, weaponry, and organization.

WARRIORS OF THE WORLD: THE NATIVE AMERICAN WARRIOR

1500 CE - 1890 CE

Macmillan Surveys the training, tools, and strategies of Native American warriors from both large and remote tribes, examining their equipment, disparate combat techniques, and influence on European and American technology.

MILITARY MENTAL TOUGHNESS

ELITE TRAINING FOR CRITICAL SITUATIONS

Ulysses Press Mastered by special forces around the world, mental toughness is the ultimate survival skill. With expert advice and illustrations, this book offers essential mental training for any psychological scenario, from coping with stress to resisting Stockholm Syndrome.

GHOST TOWNS

ARMIES OF THE NAPOLEONIC WARS

AN ILLUSTRATED HISTORY

Osprey Publishing "The Napoleonic Wars saw almost two decades of brutal fighting, from the frozen wastelands of Russia to the wilderness of the Peninsula, and from Egypt to the bloody battlefield of Waterloo. In the almost two decades of battle, Napoleon led his Grande Armee and his allies against a varying coalition of nations. This book provides a comprehensive guide to all the major armies of the Napoleonic Wars - France, Britain, Austria, Prussia, Russia, Spain, and Portugal - as well as many of the minor powers. The changes in the armies over the period, the organization, the infantry, cavalry, and artillery are all covered, along with illustrations of the often glorious uniforms worn into battle."
--Book Jacket.

MISSION: PARAGRAPH ISLAND RESCUE

In the Hands of a Child

THE SAS SELF-DEFENCE MANUAL

ELITE DEFENCE TECHNIQUES FOR MEN AND WOMEN

Amber Books Ltd Written by a former Survival Instructor of the SAS, The SAS Self-Defence Manual provides easy-to-follow, illustrated instructions on coping with all kinds of threatening situations, from muggings to knife attacks. The author teaches you strategies for both avoiding conflict and getting out of a dangerous situation quickly and safely. Learn how mental attitude, body language, assertiveness, and the ability to overcome fear can prevent you from becoming a prime target for criminals. Learn which parts of the body are the most effective weapons in fending off an attacker, and which are the most likely targets for attack. Defend yourself from sudden grabs, strangles, weapons, and road rage. And find out how to deliver the SAS five-second knockout, a defence previously available only to British SAS Special Forces soldiers. Illustrated with black-and-white photographs and instructive artworks and including expert advice throughout, The SAS Self-Defence Manual is a comprehensive guide to self-defence for both men and women.

THE U.S. NAVY SEAL SURVIVAL HANDBOOK

LEARN THE SURVIVAL TECHNIQUES AND STRATEGIES OF AMERICA'S ELITE WARRIORS

Skyhorse The ultimate survival guide from the New York Times-bestselling authors of the acclaimed Seal Team Six thriller series. As the elite of the military elite, U.S. Navy SEALs know that they can be deployed anywhere in the world at a moment's notice. Whether in a temperate, tropical, arctic, or subarctic region, they might find themselves alone in a remote area with little or no personal gear. In The U.S. Navy SEAL Survival Handbook, decorated Navy SEAL Team Six member Don Mann provides a definitive survival resource. From basic camp craft and navigation to fear management and strategies for coping with any type of disaster, it is an essential resource for all outdoorspeople. Complete with 150 color photographs, this comprehensive guide includes life-saving information on making weapons and tools, finding water, foraging for food, making shelters, signaling, sea survival, and much more. "The U.S. Navy SEAL Survival Handbook is all about developing the SEAL survival mindset, and arming yourself with the appropriate survival

techniques for numerous potentially fatal scenarios.” —The Huffington Post

DEADLY FORCE

FIREARMS & AMERICAN LAW ENFORCEMENT, FROM THE WILD WEST TO THE STREETS OF TODAY

Osprey Publishing Almost every movie of a police shootout includes the following depiction of violence: good guy shoots bad guy; bad guy instantly drops dead. But the reality is that when someone is hit by a bullet, or even several bullets, this rarely happens. What does happen when someone is shot? How effective is the use of hand guns? Why are so many shots fired at a shootout? Why don't officers shoot a gun out of an assailant's hands, or shoot him in the leg instead of killing him? What is it really like for an officer to pull his gun and fire? In this book, Chris McNab, author of *Tools of Violence* and *The Special Forces Survival Guide*, analyzes the use of lethal force in the control of crime in the United States from the Civil War to the present day. Covering incidents from the shooting of Bonnie and Clyde to the Waco Seige, and the actions of gunmen from “Wild Bill” Hickok to modern SWAT teams, he answers these questions and examines the history of armed response and those who in enforcing law face making life and death choices in a few, traumatic seconds.

THE PARATROOPER TRAINING POCKET MANUAL, 1939-45

Casemate During World War II, it quickly became apparent that the physical and tactical demands placed upon paratroopers required men of exceptional stamina, courage and intelligence. To create these soldiers, levels of training were unusually punishing and protracted, and those who came through to take their “wings” were a true elite. The *Paratrooper Training Pocket Manual 1939-1945* provides an unusually detailed look into what it took to make a military paratrooper during the Second World War, and how he was then utilized in actions where expected survival might be measured in a matter of days. Using archive material from British, U.S., German and other primary sources—many never before published—this book explains paratrooper theory, training, and practice in detail. The content includes: details of the physical training, instruction in static-line parachute deployment, handling the various types of parachutes and harnesses, landing on dangerous terrain, small-arms handling, airborne deployment of heavier combat equipment, landing in hostile drop zones, tactics in the first minutes of landing, radio comms, and much more. Featuring original manual diagrams and illustrations, plus new introductory text explaining the history and context of airborne warfare, *The Paratrooper Training Pocket Manual 1939-1945* provides a detailed insight into the

principles and practice of this unique type of combat soldier.

SAS AND SPECIAL FORCES FITNESS TRAINING

AN ELITE WORKOUT PROGRAMME FOR BODY AND MIND

SAS Training Manual -The SAS is one of the world's greatest military elite units and its soldiers are renowned for their ability to cope when under great physical and mental stress. With this book readers can acquire the unique range of skills taught to members of the British Special Air Service to help them succeed in the modern world. SAS Fitness Training features illustrated exercises for improving strength, stamina, and agility; advice on diet and nutrition; and chapters on mental agility and self-defense teach readers how to overcome their daily challenges, the SAS way---
www.amazon.com.

US ARMY SURVIVAL MANUAL: FM 21-76

Ravenio Books This survival manual is organized as follows: Chapter 1. Introduction Survival Actions Pattern for Survival Chapter 2. Psychology of Survival A Look at Stress Natural Reactions Preparing Yourself Chapter 3. Survival Planning and Survival Kits Importance of Planning Survival Kits Chapter 4. Basic Survival Medicine Requirements for Maintenance of Health Medical Emergencies Lifesaving Steps Bone and Joint Injury Bites and Stings Wounds Environmental Injuries Herbal Medicines Chapter 5. Shelters Shelter Site Selection Types of Shelters Chapter 6. Water Procurement Water Sources Still Construction Water Purification Water Filtration Devices Chapter 7. Firecraft Basic Fire Principles Site Selection and Preparation Fire Material Selection How to Build a Fire How to Light a Fire Chapter 8. Food Procurement Animals for Food Traps and Snares Killing Devices Fishing Devices Preparation of Fish and Game for Cooking and Storage Chapter 9. Survival Use of Plants Edibility of Plants Plants for Medicine Miscellaneous Uses of Plants Chapter 10. Poisonous Plants How Plants Poison All About Plants Rules for Avoiding Poisonous Plants Contact Dermatitis Ingestion Poisoning Chapter 11. Dangerous Animals Insects and Arachnids Leeches Bats Poisonous Snakes Dangerous Lizards Dangers in Rivers Dangers in Bays and Estuaries Saltwater Dangers Chapter 12. Field-Expedient Weapons, Tools, and Equipment Clubs Edged Weapons Other Expedient Weapons Lashing and Cordage Rucksack Construction Clothing and Insulation Cooking and Eating Utensils Chapter 13. Desert Survival Terrain Environmental Factors Need for Water Heat Casualties Precautions Desert Hazards Chapter 14. Tropical Survival Tropical Weather

Jungle Types Travel Through Jungle Areas Immediate Considerations Water Procurement Food Poisonous Plants Chapter 15. Cold Weather Survival Cold Regions and Locations Windchill Basic Principles of Cold Weather Survival Hygiene Medical Aspects Cold Injuries Shelters Fire Water Food Travel Weather Signs Chapter 16. Sea Survival The Open Sea Seashores Chapter 17. Expedient Water Crossings Rivers and Streams Rapids Rafts Flotation Devices Other Water Obstacles Vegetation Obstacles Chapter 18. Field-Expedient Direction Finding Using the Sun and Shadows Using the Moon Using the Stars Making Improvised Compasses Other Means of Determining Direction Chapter 19. Signaling Techniques Application Means for Signaling Codes and Signals Aircraft Vectoring Procedures Chapter 20. Survival Movement in Hostile Areas Phases of Planning Execution Return to Friendly Control Chapter 21. Camouflage Personal Camouflage Methods of Stalking Chapter 22. Contact With People Contact With Local People The Survivor's Behavior Changes to Political Allegiance Chapter 23. Survival in Man-Made Hazards The Nuclear Environment Biological Environments Chemical Environments

SAVE YOUR ASS

AN ILLUSTRATED HANDBOOK FOR SURVIVING A NATURAL DISASTER, TERRORIST ATTACK, PANDEMIC OR CATASTROPHIC COLLAPSE

WHEN DISASTER STRIKES WILL YOU BE READY? The power's out, water's off, phone's dead, roads are blocked, police are nowhere to be found and the hospitals are overwhelmed--now what do you do? This illustrated handbook for real world survival leads you step by step through all aspects of disaster response, including: *Planning and preparation *Creating emergency survival kits *First aid techniques and supplies *Crisis decision making and panic control *immediate actions to escape danger Hurricanes! Tsunamis! Pandemics! Earthquakes! Blizzards! Terror Attacks! Wildfires! Plane Crashes! Riots! Save Your Ass prepares you for any emergency, disaster or lifethreatening situation.

SPECIAL FORCES SURVIVAL GUIDE

DESERT, ARCTIC, MOUNTAIN, JUNGLE, URBAN

Firefly Books Limited Offers instructions for building shelter, finding food, emergency aid, and navigating various climates and terrains.